

Parkinson's & Chronic Illness

Body-Up Healing Overview

VitalEnergyMedicine helps rebuild the body's internal energy systems—the “**battery and wiring**” behind movement, balance, clarity, and resilience. Instead of chasing symptoms only in the brain, we strengthen the **kidney–adrenal–gut** foundations that help the brain hold improvements.

Why a body-up approach?

Kidney–Adrenal Battery: recharge reserves that support stress recovery, oxygenation, and steadier motor output.

Gut–Brain Signaling: calm inflammation, improve digestion, and stabilize vagal pathways affecting mood and movement.

Nervous System “Wiring”: activate key centers (tailbone, sacrum, cranial base, crown) to restore flow and coordination.

Evidence: Weak kidney function has been linked with **alpha-synuclein** buildup in the kidneys—and later appearance in the brain (animal data).

What clients often notice

Deeper sleep and easier recovery from daily stress

Calmer tremor reactivity and less rigidity

Steadier energy and clearer focus

How we work (simple, measurable)

Map your baseline (sleep, tremor reactivity, energy, mobility, digestion).

Rebuild the battery (kidney–adrenal), **stabilize the wiring** (CNS), **restore gut–brain flow**.

Track progress weekly so gains compound and the plan adapts to you.

Programs (choose one or combine)

■ **Private Healing Sessions** — tailored one-to-one work.

■ **Healing Packages with Progress Tracking** — multi-session momentum + weekly metrics.

■ **Live Online Classes (60 min)** — guided practice to strengthen the “battery & wiring.” For people with chronic illnesses, the 60-minute online group classes are meant to be used as a complement to private healing sessions and multi-day workshops—not by themselves.

■ **Weekend Workshops** — immersive reset + skills you can use at home.

Real words from clients

“After a few sessions my sleep returned, pain dropped from about 7 to 2–3, the internal tremors settled, and my strength came back.” — Client with Parkinson's symptoms (Seattle; age 65)

“After the workshop, my knee swelling went down and my hyperthyroid symptoms stayed much milder. I felt relaxed, energized, and grounded.” — Olya S.

Ready to explore?

■ **Free 15-Minute Consultation**

Scan the QR or visit: vitalenergymedicine.as.me
(Direct booking link routed from the QR)



Book Consultation

Questions? vemedicinehealing@gmail.com • 206-354-8216 • vemedicine.com

Educational only; not medical advice. Partner with your physician for diagnosis and medications. Vital Energy Medicine is complementary and can be used alongside medical care.